

## APPENDIX 1

### CHESTER-LE-STREET COMMUNITIES FOR HEALTH – PROMOTING MENTAL HEALTH

Quarterly Report No. 2.

Date 31st July 2008.

OBJECTIVE	PERFORMANCE MEASURE	TARGET	QUARTER 1. ACTUAL	QUARTER 2. ACTUAL
To engage agencies and organisations in the CIS District, in mental health awareness	Number of agencies/organisations contacted	To contact 128 agencies/organisations in the District	<p>128 local community organisations contacted via CVS</p> <p>104 selected as appropriate for project Additionally 23 contacts made with public sector, private sector agencies</p> <p>77 responses as a result of above and engaged with these organisations across a range of issues.</p> <p>Including the following:- Public sector :- 2 - Fire Service 1 - Police 7 - GP practices 4 – Pharmacies 1 – Tees Esk and Wear Valley Mental Health Trust 1 – County Durham PCT 1 – Chester-le-Street District Council</p>	<p>Another 19 agencies contacted bringing the total to 147</p> <p>Training provided to Community Agencies – 34 agencies excluding District Council Departments</p> <p>Number of people trained - 145</p> <p>Training provided to schools – 2 workshops at Park View and 1 at Roseberry Grange</p> <p>Number of students trained - 221</p> <p>Development work initiated Beamish Museum – staff training</p> <p>Tees Esk and Wear Valley NHS Trust – E-Learning</p> <p>Carers Centre Chester-le-Street – Protocol development staff</p>

			<p>Private Sector 1 - North East Direct Access 1 - Business Link North east 2 - North East Chamber of Commerce</p> <p>Schools Park View, Pelton Roseberry</p>	<p>training, service development.</p> <p>Private Sector – Business Link North East – commercial sector development</p> <p>Ushaw College discussions to take place with Trainee Priests</p> <p>Park View School development work on-going for new student support and workshops. To continue to support SEAL programme and school mental health policy.</p>
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OBJECTIVE	PERFORMANCE MEASURE	TARGET	QUARTER 1. ACTUAL	QUARTER 2. ACTUAL
To improve knowledge and awareness of mental health issues and existing services in agencies across all sectors.	Percentage of agencies/organisations contacted that are engaged on project	To engage 35% of all agencies contacted	Total – 77 (60%)	Another 19 agencies engaged bringing the total to 96 out of 147 or 65%
As above	Number of training sessions delivered	To deliver a minimum of 10 training sessions throughout the year	<p>1 – Mental Health First Aid programme delivered. 3 planned for May June and July. Further programmes will be delivered as year progresses</p> <p>11 Themed Mental Health Training programme planned with 2 delivered</p> <p>2 - training workshops planned for Park View School. Currently supporting SEAL policy and whole school policy – Healthy School Award.</p> <p>1 training workshop delivered in Pelton Roseberry School. Programmes yet to be delivered for District Council, 1 MHFA planned for May to be confirmed.</p>	<p>4 - Mental Health First Aid programmes delivered. Two more planned for Sept and Nov.</p> <p>7 – Individual Themed Mental Health training programmes delivered.</p> <p>3 – delivered to District Council Officers on Introduction to Mental Health issues</p> <p>2 – Workshops delivered to Park View School year 10.</p> <p>Request from Pelton Roseberry School for further workshops.</p> <p>Request from Chester-le-Street Leisure Services for workshops with young people, arranged for August 2008.</p>

OBJECTIVE	PERFORMANCE MEASURE	TARGET	QUARTER 1. ACTUAL	QUARTER 2. ACTUAL
As above	Number of agencies/organisations accessing training	To engage staff/volunteers from at least 30 agencies in training sessions	18 engaged to date	Another 16 engaged in this quarter
To equip agencies with the knowledge and information to enable them to address the mental health needs of their staff and customers/clients.	Percentage of individuals rating the training sessions as good or excellent	80% of reports rating the sessions as good or excellent	<p>Mental Health First Aid - as at 22 April 100% rated training as excellent, very good or good, 64% rating as excellent.</p> <p>11 Themed Mental Health Training Programme – Introduction to Common Mental Health Problems 93% rated as excellent, very good or good, with 32% rating as excellent.</p> <p>Principles Underpinning Mental Health rated as 97% rated as excellent, very good or good, with 34% rating as excellent.</p> <p>Pelton Roseberry Sports and Community College – Introductory Mental Health Workshop 80% rated as excellent or good.</p>	<p>Mental Health First Aid - as at 22 April 100% rated training as excellent, very good or good, 64% rating as excellent.</p> <p>Individual Themed Mental Health Training Programmes 49% rated as excellent, 50% rated as very good.</p> <p>Chester-le-Street District Council Officers Introduction to Mental Health – 60% rated training as very good, 39% as excellent.</p> <p>Chester-le-Street District Council Officers Mental Health First Aid rated 85% as excellent and 15% as very good.</p> <p>Park View School – Mental Health Workshop 88% rated as excellent or good.</p>

<b>OBJECTIVE</b>	<b>PERFORMANCE MEASURE</b>	<b>TARGET</b>	<b>QUARTER 1. ACTUAL</b>	<b>QUARTER 2. ACTUAL</b>
As above	Percentage of individuals reporting an increased knowledge and understanding of mental health issues, following attendance at on of the training sessions	75% of reports stating an increased knowledge and understanding of mental health issues	100% - recent Principles Underpinning Mental Health  Mental Health First Aid and Introduction to Common Mental Health Problems qualitative analysis from evaluations suggest similar	100% on all programmes
As above	Percentage of agencies/organisations who have gone on to cascade information and/or training within organisation	50% of reports stating that information has been cascaded within the organisation	100% from most recent evaluation Principles Underpinning Mental Health.  Qualitative responses show similar. Future follow up needed.	100% will cascade using range of activities from team meetings to presentations.

OBJECTIVE	PERFORMANCE MEASURE	TARGET	ACTUAL	
As above	Percentage of agencies/organisations who have adopted a proactive approach to addressing mental health issues (implementing policies etc)	25% of reports stating that a proactive approach has been taken such as implementing policies etc	100% from most recent evaluation Principles Underpinning Mental Health.  Qualitative responses show similar. Future follow up needed.	Qualitative responses confirm that agencies are actively addressing practice and protocols. Additionally Mind is supporting agencies in this work.  Future follow up needed to evidence the impact long term.
As above	Percentage of agencies/organisations who have used the knowledge and information acquired on the project in the workplace e.g. supporting staff or clients, referring into existing services etc.	25% of reports stating that knowledge and information has been used to support staff/clients	To be evaluated further however recent programmes suggest that this learning is being used to effectively address client need.	As above. More robust methods needed to evaluate impact and analyse future needs.